## Here is How to Create Content for Our Paper

## Thank you for contributing!!!

- 1. Have Fun With it.
- 2. Create your content on a subject that you care about.
  - a. Your content can take any form (Written, Video, Photography, Visual Art, Performing Art, or anything new that comes to your mind)
- 3. If you are submitting a written piece, provide some images or graphics with a source.
- 4. If you are submitting any other form of content (excluding video) provide a paragraph describing what this means to you and why you chose this topic.
- 5. If you are submitting a video make sure you state your name, last name, and the city/country you currently live in.
  - a. A video can be as long as you want it to be but please cut it down into segments no longer than 1 minute and 30 seconds. (if it is close enough to this time stamp, within 10 seconds, that is fine too)
- 6. Make sure your content is appropriate.
- 7. Email your content to: <a href="mailto:globalpulseyouth@gmail.com">globalpulseyouth@gmail.com</a>
  - a. Include your name, last name, current city you live in, and country.
- 8. Thank you for contributing. Your content will be up on our site within one week